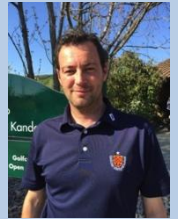


Quick Start Golf Tips

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Chipping – The 2 Club Drill (or alignment stick)

1. Take the intended club for the chipping exercise, turn a second club upside down and place it grip to grip with the first club. This will give you an “extended shaft” (can be done even easier with a ski pole or alignment stick)
2. Grip both clubs allowing the shaft of the upside down club to run directly under the grip of the first club
3. The extension of the second club must run now up the left side of your body (for a right-handed golfer)

The 2 Club Drill - Continued

1. Stand smaller than shoulder height, place the golf ball in the middle or slightly back towards the right foot (right-handed golfer)
2. Try to swing back and through without dropping the 2 shafts, and without striking yourself in the rib area with the extension.
3. Make sure a little grass is "cut" after the ball to improve contact
4. This drill keeps the left wrist very flat throughout the chipping movement, one of the keys to consistent chipping and loft control
5. Finish with your chest also facing the target





The 2 Club Drill - Continued

1. The end position shows how I have maintained the left wrist position in relation to the 2 clubs
2. You can also see here that my chest has rotated towards the target
3. The 2 clubs have now past my left side as I have rotated keeping the club away from my body
4. This is a position many top players adopt when keeping the hands “passive” in the short game
5. This movement can even be extended to short pitch shots

Chipping - Two clubs on the ground exercise

1. Place two clubs on the ground wide enough for your wedge to sit directly behind the ball
2. Stand parallel to the shafts or slightly open (left), check that the ball position is in the middle or slightly back towards the right foot (for the right-handed golfer)
3. Swing back keeping the shaft parallel to the clubs on the ground i.e. not behind the body
4. Swing forward making sure that the club tracks back directly to the ball and through the 2 shafts on the ground
5. If your club is not swinging back to the ball correctly it will hit either the inner or outer shafts on the ground. This is very good exercise if you suffer from sockets or shanks
6. Always when chipping “cut” a little grass after the ball is struck for consistent contact

